#### **TRANSITION PLYMOUTH presents:**

# TRANSFORMING ONESELF

### Being the change you want to see

#### A PUBLIC DISCUSSION



Individualism and consumerism have been identified as the core of today's environmental and social crisis. The key to a better future is linked to transforming our ways of living ..and thinking. However, in a society constantly telling us who we are supposed to be, and how we are supposed to live, what is the real motivation behind the choices we make? How empowered do you feel to change your life? Is the "transition to a sustainable society" a journey to inner freedom or to personal imprisonment? Come and share together ideas, proposals, questions about this important topic.

## THURSDAY 16<sup>th</sup> JANUARY 2014

6.30pm for a 7pm start Room 210, Roland Levinsky building, Plymouth University Wheelchair access



On the <u>third Thursday</u> of every month Transition Plymouth invites you to join our public discussions that explore themes related to Transition, including polemic ones Everyone is welcome!

TRANSITION PLYMOUTH is a community initiative working towards the shift to a sustainable and happier city. It's open to anyone in Plymouth. **Email: plymouthtransition@nature-mail.com** Tel: 01752 255088 / 772395 www. transitionplymouth.com

